

Additional Information

Your procedure is scheduled at the SurgiCenter.

Procedure: _____

Date of the Procedure: _____

Physician: _____

Pre-Registration

In order to speed the admission process on the day of your procedure, you may pre-register online or by phone.

Online : Visit www.stjosephhospital.com at least 24 hours prior to your procedure and choose the “Pre-Registration” link on the left.

By Phone : Call 603.598.3323 on any of the following days and times:

Monday - Thursday 7:00am - 7:00pm

Friday 7:00am - 4:30pm

Saturday 8:00am - 12:00pm

About SJH SurgiCenter, LLC

This facility has been designed to accommodate the most up-to-date procedures. Most importantly, we have designed it so each and every patient can have the best experience possible.

Our staff of highly skilled professionals is committed to providing excellent care. If you have any questions, please contact us at 603.595.3636 or visit our website at www.sjhsurgicenter.com

Directions

Take Route 3 to Exit 5E. Stay straight on Kinsley Street. SJH SurgiCenter, LLC is on the St. Joseph Hospital Campus on your right. Enter in the main entrance and check in at the information desk.

St. Joseph Hospital provides free valet parking.

The SJH SurgiCenter is a joint venture between St. Joseph Hospital and physicians.

SJH SurgiCenter, LLC

Admission Instructions

172 Kinsley Street, Nashua, NH

SJH SurgiCenter, LLC: 603.595.3636

What to Expect

Prior to your procedure, it is important that your physician and nurses at the SurgiCenter know your general state of health.

Expect a phone call from the Pre-Admission Testing Nurse prior to your procedure to review instructions, complete a health questionnaire, and answer any questions you may have.

The Pre-Admission Testing Nurse will explain what to expect before and after your procedure and will discuss your discharge needs so you can plan your care after discharge. Tests may be necessary, which should be completed one week prior to your procedure.

Legal Documents

The SurgiCenter respects the rights of our patients to make decisions regarding Advance Directives and resuscitation efforts. We will ask our patients to provide us with a copy of their Advance Directive which will be placed with their medical record. Any patient with a Do No Resuscitate order (which is a pink document) will have to meet with our Anesthesiologist prior to surgery to discuss special considerations and measures to be taken during anesthesia.

For more information pertaining to Advance Directives and New Hampshire State Law and/or to obtain a sample copy of Advance Directives visit www.healthynh.com If you do not have access to a computer you can contact St Joseph Hospital's Quality and Resource Management office at 603.882.3000 extension 63850

Before Your Procedure

- You will be contacted regarding eating and drinking prior to your procedure.
- Take medications that the pre-admission testing nurse or your physician has instructed you to take.
- Make arrangements for someone to drive you home after your procedure.
- Remember to leave your valuables at home.
- In order to provide privacy for all patients, please limit the number of visitors or escorts.
- Do not wear makeup, nail polish or jewelry (including body piercings) and please tie long hair back.
- If you wear eye glasses, bring them as well as your glasses case.
- Contact lenses cannot be worn during the procedure. Remove them prior to your arrival or bring your contact container.
- If you wear a hearing aid or dentures, please wear them to the hospital. You may be instructed to remove them prior to your procedure. If removed, they will be returned after your procedure.
- If you use an inhaler or insulin, please bring them with you the day of your procedure.
- Bring your picture ID and insurance identification card.
- Children are encouraged to bring their favorite toy or blanket with them.
- A parent/guardian of minor patients needs to remain in the hospital at all times during the procedural stay.

During Your Procedure

Patient safety is a primary concern of the SurgiCenter. During your visit the staff will take measures to ensure your safety. These measures will include patient identification, surgical site verification, and patient education. If you have any concerns regarding the care you received at the SurgiCenter, you are encouraged to contact the Executive Director at 603.595.3939.

For unresolved concerns or questions, you may also contact the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) at:

www.jointcomission.org/GeneralPublic

Or by:

Telephone: 800.994.6610

Fax: 630.792.5636

Email: complaint@jcaho.org

After Your Procedure

- Prior to discharge, a nurse will review written discharge instructions with you and the person accompanying you home.
- You need to plan on having someone to stay with you for the first 24 hours if you have had anesthesia.
- At home you should rest. Avoid alcohol, driving a motor vehicle and operating machinery.
- Resume taking medications as previously prescribed by your physician.
- A nurse will call you within three days after your discharge to check on your progress and to answer any questions you may have.